**Working from Heights WRITTEN RESCUE PLAN**

**Communication:**

What communication systems will be used between the suspended worker and supervisor / rescue team?

Direct voice communication

Whistle

Mobile Phone

Two-way Radios / Headsets

Other; \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Emergency Contact:**

In the event of a fall from height, the supervisor will immediately alert the rescue team and first aid.

If the rescue team cannot affect a rescue within 5 minutes Emergency Services are to be called at once.

Name of this site: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Supervisor: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

First Aid Attendant(s): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Fall From Height RESCUE TEAM MEMBERS:

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**EMERGENCY PHONE NUMBERS - CALL 9-9-9-9 or \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Fire: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Police: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Ambulance: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Safety of Rescuers:**

Are Operators trained and competent to use of rescue equipment? Yes No

Are Rescue training records current? Yes No

Are there a sufficient number of rescuers available? Yes No

Is rescue equipment appropriate for nature of work? Yes No

What obstructions are in the way of reaching the suspended Operator? (Detail):

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Have assessments been made of anchor points, and are they acceptable? Yes No

Has consideration been given to the method of attaching the casualty? (Detail): Yes No

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**How will rescuers get to casualty?**

Rescue ladder

Remote Rescue Kit

Keys to building and roof

Elevator

Pull casualty in through window / balcony

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Pull casualty up through floor / roof

Climb / repel down building / structure

Suspended access equipment

Aerial equipment from ground

Crane man basket

**What equipment is needed to ensure rescue within 5 minutes, to minimize suspension trauma?**

Rescue ladder

Aerial truck

Rescue Kit – Winch

Suspended access equipment

Rescue Kit – Haul-up

Climbing / rope rescue system

Low Height Rescue Kit

Crane man basket

Descent Rescue Kit

Stretcher

Elevated Work Platform

First Aid Kit

**If Worker is injured**

Can the casualty still be rescued within 5 minutes? Yes No

Is a qualified first aider who understands suspension trauma present? Yes No

Who will alert emergency services and the hospital? (Detail):

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**How will others be protected?**

Assign someone to direct traffic Set up barriers

Other;

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**How will Accident scene be protected?**

Prevent further injury or damage Set up barriers

Preserve wreckage Take photographs

Notify Employer ROP-Notify Ministry of Labour

**Other Considerations:**

Precautions for working alone (Detail):

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Unusual features of building / structure (Detail):

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Weather Conditions (Detail):

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Proximity to emergency services / hospital (Detail):

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Language barriers (agency / contract staff) (Detail):

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**APPROVAL OF WORK AT HEIGHT RESCUE PLAN:**

**Supervisor:**

Name (print): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Cell Phone # \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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